Western Nebraska Community College

2013 Cougar Volleyball Camps

Learn volleyball from one of the nationals top junior college volleyball programs and coaches

Six camps to choose from
July 1-2 — Team Camp
July 8 — Little Kids Camp
July 9-10 — Individual Skills Camp I
July 17-18 — Setters/Hitters Camp
July 22-23 — Individual Skills Camp II
July 24-25 — Setters/Hitters/Liberos Camp
See inside for details on each camp

wncc.edu
308-635-6028
The aim of this camp is to provide maximum team competition in a less stressful atmosphere. No fundamental sessions will be held. Each team needs to be accompanied by a coach. Coaches will not be required to officiate. Their responsibility will be to their team only. Coaches may call the WNCC volleyball office to check available space. The team camp will provide competition for 12 junior varsity and 12 varsity teams. Former Husker and Scottsbluff graduate Jordan (Wilberger) Sauer will be at the team camp as well.

Cost: $30 per camper, includes camp T-shirt

**Camp 1 -- July 8**

**Little Kids (3rd - 5th grades)**

This camp is designed to give the younger players a fundamental base in a fun environment. Limited to 36.

**Times:** 8:30 - 11:30 a.m.; 12:30 - 3:30 p.m.

**Cost:** $60 per camper (lunch on your own), includes Camp T-shirt for all (Please mark T-shirt size)

**Includes:** Camp T-shirt for all (Please mark T-shirt size)

**Camp 2 -- July 9 & 10**

**Individual Skills (6th - 8th grades)**

This camp is designed to give campers an opportunity to develop and fine tune the fundamental skills of volleyball. The camp will teach the mechanics and proper technique in the skills of serving, blocking, hitting, passing, setting and defense. Limited to 36.

**Times:** 8:30 - 11:30 a.m.; 12:30 - 3:30 p.m.

**Cost:** $70 per camper (lunch on your own)

**Includes:** Camp T-shirt for all (Please mark T-shirt size)

**Camp 3 -- July 17 & 18**

**Setters, Hitters (7th - 9th grades)**

The camp is designed to fine tune setting and hitting technique. The camp will be an intense camp with a lot of reps and one-on-one instruction. Hitters need to be physically prepared for heavy use of shoulders and legs. The camps are limited to 24 hitters and 12 setters. Make sure you specify setter or hitter. Former Husker and Scottsbluff graduate Jordan (Wilberger) Sauer will help conduct this camp.

**Times:** 8:30 - 11:30 a.m.; 12:30 - 3:30 p.m.

**Cost:** $100 per camper (lunch on your own), includes camp T-shirt for all (Please mark T-shirt size)

**Includes:** Camp T-shirt for all (Please mark T-shirt size)

**Camp 4 -- July 22 & 23**

**Individual Skills (9th - 12th grades)**

This camp is designed to give campers an opportunity to develop and fine tune the fundamental skills of volleyball. The camp will teach the mechanics and proper technique in the skills of serving, blocking, hitting, passing, setting and defense. Limited to 36.

**Times:** 8:30 - 11:30 a.m.; 12:30 - 3:30 p.m.

**Cost:** $70 per camper (lunch on your own)

**Includes:** Camp T-shirt for all (Please mark T-shirt size)

**Camp 5 -- July 24 & 25**

**Setters, Hitters, Liberos (10th - 12th grades)**

The camp is designed to fine tune setting, hitting, and libero techniques. The camp will be an intense camp with a lot of reps and one-on-one instruction. Hitters need to be physically prepared for heavy use of shoulders and legs. The camps are limited to 24 hitters and 12 setters. Make sure you specify setter or hitter.

**Times:** 8:30 - 11:30 a.m.; 12:30 - 3:30 p.m.

**Cost:** $100 per camper (lunch on your own)

**Includes:** Camp T-shirt for all (Please mark T-shirt size)
Giovana Melo just completed her fifth season as head coach of the WNCC volleyball program and she has done nothing but win. The volleyball team, once again, finished in the top three at the national tournament for the seventh year in a row, this past fall finishing second in the nation. The Cougars also won the national title in 2010 under Melo’s guidance. Overall, the Cougars have won two national titles (2007 was the first one).

In five seasons at WNCC, Melo has a 225-17 coaching record. Melo has guided the Cougars to a top three finish every season that she has been coach.

Melo started her collegiate volleyball career at WNCC in from 2001-2003 under former coach Chris Green. Melo went on to play Division I volleyball at Arizona State University.

Fatima Balza completed her second season as assistant coach for the Cougars. Balza is no stranger to the Cougar program or national championships. Balza played at WNCC in 2007 and 2008, winning a national title under former coach Chris Green and then played 2008 under Melo. She then went on to win back-to-back national titles at Penn State.

Balza is currently taking classes at Chadron State College to get her Master’s degree.

What you will gain from attending this camp

- Proper fundamentals for setting, hitting and passing.
- How to work as a team
- What it takes to become a winner
- One-on-one attention
- Friends from different cities (and states)
- Meet championship athletes and coaches
- A new appreciation for the game.
WNCC Volleyball Camp Application Form

Name: ____________________________________________
Street Address: ___________________________________
City: ______________________ State: _______ Zip: ______
Phone: ___________________ Email: ________________
Boy/Girl: _________________ Grade: __________________
School: ____________________
Date of Birth: __________________________
Parent’s Name: ____________________________________
Contact in case of emergency:
 Name: ________________ Phone: ________________
Please note any medical problems: ______________________________

Ethnicity: Hispanic or Latino — ☐ Yes ☐ No
Race: Select all that apply: ☐ American Indian/Alaska Native
☐ Black/African American ☐ Native Hawaiian/Other Pacific Islander
☐ White

Camp Registration Information

• Team Camp — July 1 & 2
  High School Teams — $30 per camper
  Specify: _____ Varsity _____ Junior Varsity
  Cost:_____

• Camp 1 — Little Kids Camp, July 8
  Grades 3rd through 5th — $60
  Cost:_____

• Camp 2 — Individuals Skills Camp, July 9 & 10
  Grades 6th through 8th — $70
  Cost:_____

• Camp 3 — Setter/Hitter Camp, July 17 & 18
  Grades 7th through 9th — $100
  Cost:_____

• Camp 4 — Individual Skills Camp, July 22 & 23
  Grades 9th and 12th — $70
  Cost:_____

• Camp 5 — Setter, Hitter, Libero Camp, July 24 & 25
  Grades 10th through 12th — $100
  Cost:_____

• Total amount enclosed _________

T-shirt Size:      XS        S          M          L          XL

Checks payable to: WNCC Volleyball
% Giovana Melo
1601 E. 27th Street
Scottsbluff, NE 69361

For more information, contact Volleyball Coach Giovana Melo
WNCC: 308.635.6028
Email: melog@wncc.edu

Waiver and Release Agreement

Upon acceptance of this application, I hereby waive and release all rights and claims for damages I may have against Western Nebraska Community College and its employees on account of any injuries or illnesses sustained by my child while attending the camp(s). I authorize the director of the volleyball camp(s) or his designee to select hospital facilities and/or physicians of his choice and authorize treatment on an emergency basis if such treatment becomes necessary as a result of participating in the WNCC volleyball camp(s).

Parent/Guardian Signature ____________________________________________

Date _______________________
Policy Owner: ________________
Insurance Company: __________
Policy Number: ______________
Company Address: ____________________________

☐ No Pictures Please